

Silva Life System Personal Empowerment

3-Day Retreat & Seminar - Asheville, NC, on March 26, 27 & 28

Marriott Fairfield Hotel & Suites Asheville South/Biltmore Square



*Experience the world's most effective personal development system!
Presented by Certified Lecturer, International Motivational Speaker and Author Jessie Bowen*

"Preparing Your Mind for Success"

Learn to use more of your mind with:

- Alpha Level Mental Functioning
 - Dynamic Meditation
 - Mindpower
 - Intuitive Functioning
 - Networking

<http://silvalifesuccesscoaching.com/silvaasheville/silvainasheville.html>



Meet your Instructor/Coach: Jessie Bowen is a Silva Method Lecturer, Life Success Coach, Sports Performance Coach Motivational Expert and author. He is also the Executive Director and Owner of USA Workshops, and Elite Personal Coaching located in Durham, North Carolina.

He holds degrees in Business Management, Sports Hypnosis and Martial Science. As an Educator, he has been on the Duke University Physical Education staff for 20 years, influencing thousands of students in mind-body training. Jessie has authored over 100 personal development audio products and 4 books. His goal in life is to help people transform their current life into the future of their dreams.

Learn to use more of your mind with:

- **Alpha Level Mental Functioning:** Dissolve accumulated stress, revitalize your immune system, accelerate healing processes, and improve energy
- **Dynamic Meditation:** Enhance Energy, Health, Concentration, Memory and Mental Clarity
- **Mindpower:** Program your mind for Health, Happiness, Achievement, & Success
- **Intuitive Functioning:** Develop and enhance intuitive functioning for greater success in relationships, business, sales, and life
- **Network** with like-minded people

Learn the four secrets of a happier, healthier more productive life...



➤ **Direct your personal energy and manage stress**

Stress destroys productivity and ruins your health

1. If your health, productivity, longevity and relationships are important to you, learning how to manage your personal energies and control stress is the first key to a happier life. Without this ability, your health deteriorates, you age quicker, your relationships suffer, and you work harder and longer to achieve less result. Scientific studies prove that *productivity increases by over 50%* when people learn to manage their stress levels.

After attending the Silva Method seminar, you will be able to do that and a lot more. You will be able to relax your body and mind in seconds. You will know how to improve your immune system, reduce the effects of aging, and calm yourself instantly. But that's not all...

➤ **Reach your goals quicker with less effort**

2. **Discover the art of Dynamic Focus**

To achieve what you want out of life, you first need to *know* what you want! Then comes the challenge of staying focused, positive and motivated – a quality I call DYNAMIC FOCUS. We create what we focus on. By learning to focus on your goals, you will become more positive and directed, and you will more easily face the obstacles on your path. Less than 3% of the population possesses this second key – but most can acquire it by learning proven techniques taught in the Silva Method.

➤ **Make better decisions and recognize your opportunities**

3. **Tap into your creativity and intuition**

Making the most of opportunities also means recognizing them for what they are. Imagine having such a keen sense of intuition, so well-developed that you could reliably and regularly tap into its source. Would this type of ability have helped you make better decisions in the past?

➤ **Free yourself from beliefs and behaviors that are holding you back**

4. **Overcome the negative programming and belief systems that hold you back**

Any message repeated often enough, especially during childhood, forms the seeds of deep-rooted beliefs. From the time you were an infant, you have been unconsciously “programmed” by your parents, teachers, siblings, media, and society, most of whom have good intentions. As children, for example, many of us were told, “If you want to be successful in life, you need to do well in school.” A poor student, who grows up believing this, has dismal prospects for the future. Yet we all know of poor students who became extremely successful such as Edison, Einstein, and Churchill.

Get more control over your life

The Silva Method program was the brainchild of Jose Silva, who is recognized as a genius in mind development. The program was originally designed to help children get smarter. The Silva method has documented more successes than any other self-development program in history. The program teaches the easiest, most wonderful formulas to solve problems, change unwanted behaviors, expand belief systems and experience the joy in living everyday.



JOSE SILVA, 1914 - 1999

Over six million people have used the method to reduce and control stress, improve their health, and well-being. They have improved their relationships with family members, friends, and business associates. They have raised their income levels and advanced their education. And many have risen to the challenge of pursuing life-long dreams.

“I invite you to experience the first day of the program, learn all the techniques and formulas. And at the end of the day, if you are not entirely satisfied for any reason, I will give you a full refund. Keep all the benefits from the program and STILL get your money back!!!” How could I refuse?

How could the same formula that helps a kid improve his grades, reduce anxiety in an adult? How can the same program help some participants improve sales and others get into great physical shape? What is behind the claims of tumors disappearing, migraines cured, and lives being transformed? The answer lies in the power of the mind.

What is the difference between you and the person you want to be?

Think of a person you admire, someone who is both happy and successful. I bet the person you pick is inwardly calm and confident, and outwardly positive and happy. A successful, happy person has a life filled with opportunities, goals, and dreams. They also face challenges and problems every day. But they have an internal reservoir from which they draw solutions, energy, strength and courage. They are able to overcome obstacles and bring their vision to life. Now you can change your life for the better by attending my two-day seminar, based on the world-famous Silva Method and discover tools and techniques that will help you upgrade your lifestyle and become the person you want to be.

Benefits you can expect from the program

- * Reduce stress and stay relaxed
- * Gain focus, concentration and memory
- * Improve relationships
- * Increase creativity and intuition
- * Stop smoking without weight gain
- * Improve sports performance
- * Improve health
- * Joyfully reduce weight
- * Improve communications
- * Make better decisions
- * Increase energy and vitality
- * Get rid of headaches
- * Increase income
- * Achieve peace of mind



Best-Selling Author Dr Wayne Dyer on the Silva Method

“I’ve used the Silva Method for many years. It has helped me overcome my own illnesses. I urge you to attend Mr. Silva’s training sessions that are presented around the world.”

~ Dr. Wayne Dyer, best-selling author of ‘Real Magic’ and the ‘Power of Intention’

What other people say about the course

I had so much fear to talk to an audience... I would get confused and forget everything I had to say. Since I took the Silva Method, I am able to make presentations, talk in public, be more relaxed and control that fear... I have also increased my sales and have a positive attitude. I use subjective communications often... it works!

Lyda Shehadch, Financial Services Representative

A Forbes Magazine “Entrepreneur of the Year”, trains his staff with the Silva Method



“By offering the Silva Method to (our) employees we provide an opportunity to experience for themselves the power of the mind... Experiencing the Silva techniques, rather than just hearing people talk about it, is very powerful. It’s like the difference between seeing a travelogue about the Grand Canyon and personally standing on the edge of it... Silva demonstrates that there is no limit to what the mind can do.”

~ Robert Stiller, President & CEO of Green Mountain Coffee Roasters and Forbes Magazine 2001 Entrepreneur of the Year

56-year Track Record of Success

The Silva Method began as a research project in 1944, and became available to the general public in 1966. There are over 13 million people currently using these methods in 109 countries. While we continually strive for growth and improvement, the formula type techniques taught in the Silva method remain as pure and effective as ever. The successes are well documented.

Lifetime Repeat Privileges

Repeat the course, anywhere in the world and as many times as you like for life! What I am offering is not your normal, run-of-the-mill seminar, but life-long positive growth. Unlike most seminars you have probably attended, mine includes follow-ups! After you have taken the course, you may attend graduate meetings and workshops to keep you on target. And when necessary, you can call me for help. Best of all, you will be entitled to repeat privileges anywhere in the world, for the rest of your life.

100% Unconditional Money-Back Guarantee

If you are dissatisfied for any reason, you can get a full refund. That means you can stay to the end of the course, learn all the techniques to improve your health, relationships and career. If you don't think it's worthwhile, you get all your money back!

If you knew how much better your life would be after taking this course, you would not want another day to go by without realizing the benefits. Take the first step to a better life by filling out the enclosed registration form today. You have nothing to lose.



Silva Life System Seminar will be held at: Marriott Fairfield Hotel & Suites Asheville South/Biltmore Square

USA Workshops

5324 New Hope Commons Dr, Suite 304
Durham, NC 27707

Register Online at: <http://silvalifesystemasheville.eventbrite.com/>

Friday, Saturday & Sunday March 26, 27 & 28, 2010
9:00 a.m. - 7:00 p.m. (hour and a half for lunch)
Marriott Fairfield Hotel & Suites Asheville South/Biltmore
11 Rocky Ridge Road - Asheville, North Carolina 28806

Mail to: USA Workshops

5324 New Hope Commons Dr Suite 304
Durham N.C. 27707

Email JBOWEN8871@AOL.COM

Phone (919)489-6100

Cell (919)-618-8075

Fax (919)-493-6896

For future dates visit our website: www.the-silvamethod.com

STUDENTS MUST BE PRE-REGISTERED - Registration Deadline is March 25, 2010

Name _____

Address _____ City _____ Zip _____

Home Phone _____ Work Phone _____ Email _____

Total seminar Pre-Register cost \$495.00

- Payment options: SLS Attendees Workshops and Friday Reception \$99.00 Non SLS Attendees \$125.00

Enclose a \$100.00 deposit for the Silva Life Seminar only Program. Balance of \$395.00 is due at the door **SAVE \$100.00.**

Silva Life Success Seminar with Friday's Workshops and reception add \$99. *For more information call 919-618-8075.*

Payment may be made by check payable to: USA Workshops or billed to your MasterCard or Visa.

Amount \$ _____ Card Number _____ Expires _____

Signature _____ Date _____



The Silva Method

FOCUSED THINKING

Fun - Exciting - Relaxation - Spiritual Empowerment

Special Friday Evening Event Dinner and Empowerment Lecture

“Where Bob Proctor Meets Jose Silva”

with

Bob Proctor LifeSuccess Coach Leslie Flowers and Silva Lecturer Jessie Bowen
Two of the World's Most Powerful Personal Development Techniques In One Place



Conscious Empowerment

Where Bob Proctor Meets Jose Silva

Asheville, North Carolina

Friday, March 26th



Friday Events Workshops and FREE Chair Massages for Registered Silva Life System Attendees

Friday

- 10:00 AM Registration
- 11:00 AM Creative Visualization Workshop
- 1:00 PM Prosperity Warrior Programming for Success Workshop
- 3:00 PM Silva Intuition Training
- 5:00 PM Reception and Book Signing
- 6:00-7:30 PM Leslie Flowers: **“Where Bob Proctor Meets Jose Silva”**

Saturday

- 8:00 AM Silva Class Begins
- 12:00 PM Lunch
- 1:30-6:00 PM Class Resumes

Sunday

- 8:00 AM Silva Class Begins
- 12:00 PM Lunch
- 1:30-3:00 PM Class Resumes

What Else Can You Do In Asheville?
To view the "Asheville 2010 Official
Visitor's Guide" online, go to:

http://www.nxtbook.com/nxtbooks/journalpubs/asheville_ovg10/

